

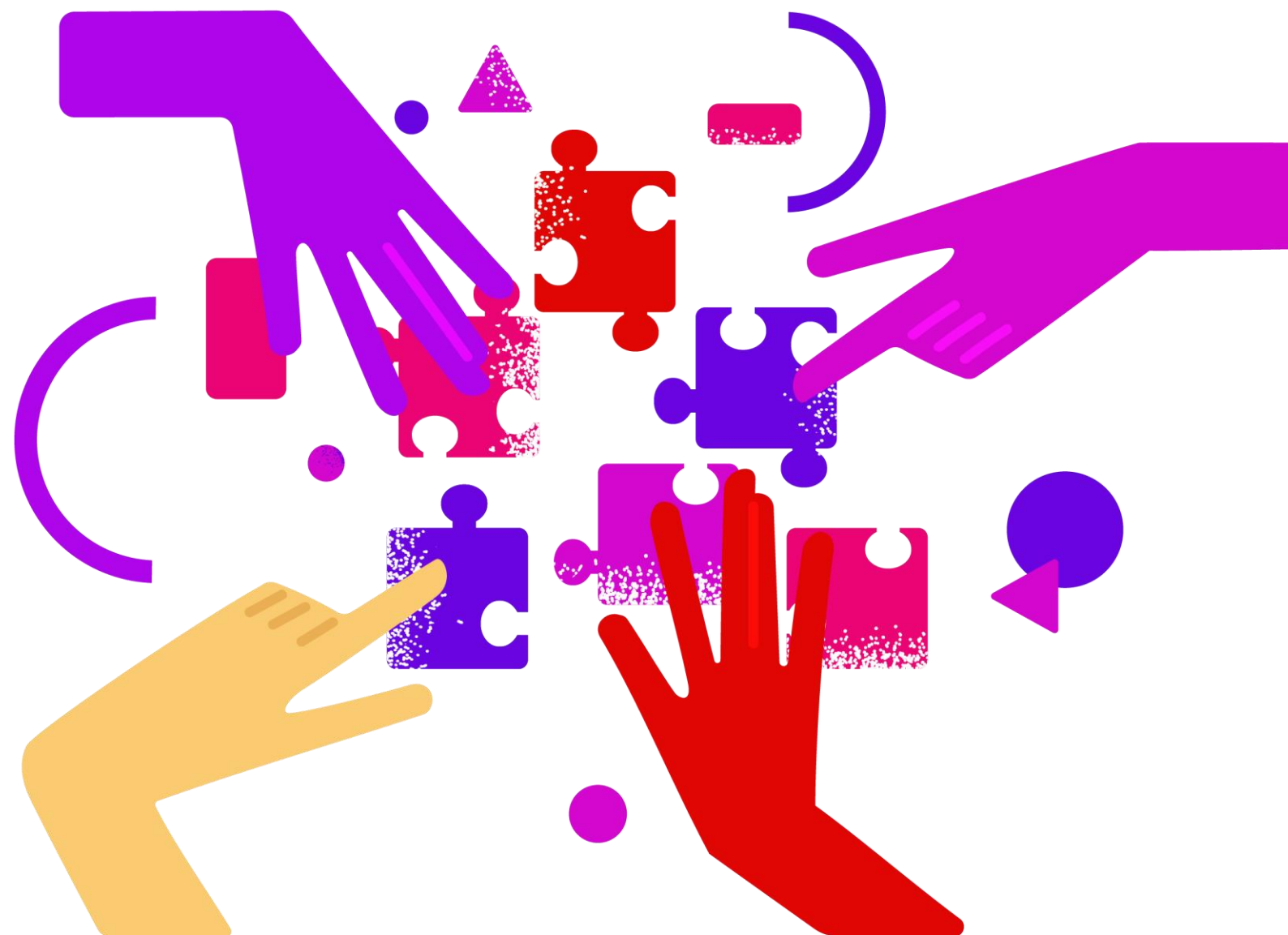


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Module 1 __ Session Plan





Session Plan

Name of course: TUA Training

Module: Teaching young people with asd/ds		Trainer: Marili Antoniou
Session nº: 1	Duration: 2h	Date:
Aims:	<ul style="list-style-type: none"> • Understand the unique challenges faced by youth with ASD and DS • Learn effective teaching strategies • Promote inclusivity and create an inclusive learning environment 	
Learning outcomes:	<ul style="list-style-type: none"> • Creating an inclusive environment • Teaching strategies • Overcome challenges • Communication strategies 	
Methods:	Interactive	
Contents:	<ul style="list-style-type: none"> • Introduction to the Module • Defining the keywords • Challenges • Understanding the module • Teaching strategies • Communication strategies • Inclusive environment • Final Remarks 	

Time allocation	Activities:	Materials:
5 min	Introduction to the Module	PowerPoint



5 min	Defining module	PowerPoint
10 min	Challenges <ul style="list-style-type: none">• Sensory sensitivities• Communication barriers• Behavioural issues	PowerPoint



10	<p>Inclusive environment</p> <p>Recognise sensory sensitivities in students</p> <ul style="list-style-type: none">• Provide sensory-friendly accommodations.• Create quiet zones for self-regulation.• Clear communication <p>Social skill development</p> <ul style="list-style-type: none">• Teach essential social skills explicitly.• Use role-playing and modelling. <p>Practice patience and understanding.</p> <p>Peer Involvement</p> <p>Encourage peer support and inclusion.</p> <p>Organise inclusive group activities.</p> <p>Foster understanding and empathy among peers.</p>	PowerPoint
	<p>Communication strategies</p> <p>Visual supports (PECS, social stories)</p> <p>Augmentative and Alternative Communication (AAC) devices</p>	PowerPoint



10 min	Use of non-verbal cues	
40 min	<p>Teaching strategies</p> <ul style="list-style-type: none">• Structured Routines and Visual Schedules:• Establish a consistent daily routine.• Use visual schedules to help students predict and understand daily activities.• Incorporate visual cues and timers for transitions.• Task Analysis and Breaking Tasks into Smaller Steps:• Break down complex tasks into manageable steps.• Provide clear instructions for each step.• Offer support as students progress through the task.• Differentiated Instruction:	PowerPoint



	<ul style="list-style-type: none">• Adapt your teaching methods to accommodate diverse learning styles.• Offer choices and alternative ways to complete assignments.• Focus on strengths and interests when designing lessons.• Multisensory Learning:• Engage multiple senses in the learning process (sight, sound, touch).• Use hands-on activities and manipulatives.• Incorporate music, art, and movement into lessons.• Visual Supports and Aids:• Utilize visual supports such as visual schedules, social stories, and visual cues.• Create visual organizers for instructions, assignments, and expectations.• Encourage students to use visual supports for self-regulation.• Repetition and Consistency:• Reinforce key concepts through repetition.• Maintain consistency in expectations and routines.	
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	<ul style="list-style-type: none">• Provide frequent opportunities for review and practice.• Use of Technology:• Integrate educational apps and software tailored to individual needs.• Explore assistive technology and communication devices.• Monitor screen time to balance with other activities.• Collaboration with Support Staff:• Coordinate with speech therapists, occupational therapists, and other specialists.• Implement recommended strategies and interventions.• Ensure consistency between classroom and therapy sessions.• Positive Reinforcement:• Use a system of positive reinforcement to motivate and reward desired behaviours.• Provide specific, immediate feedback.• Celebrate small successes and milestones.• Flexible Assessment Methods:• Adapt assessments to accommodate diverse learning profiles.	
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	<ul style="list-style-type: none"> • Allow for alternative forms of assessment, such as portfolios or verbal presentations. • Ensure assessment criteria are clear and accessible. 	
10+10	Activity 1-Learn by experience Activity2– Case Study	whiteboard
10	Questions	whiteboard

Evaluation (10min)	Competencies and Knowledge Assessment Ex-ante and Ex-post Feedback Session on the last session Satisfaction Questionnaire Impact Evaluation Feedback from a guest expert
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